



Field
Update



April 6, 2010

Wellness for Life® and Annuities - Changes to the Program for Annuitants

Of the 68,000 people eligible for Wellness for Life, only 1,400 have registered for the EmbodyHealth website. Of that 1,400, many have not visited a second time after registering. Since this Wellness for Life Benefit is not popular, we will no longer offer it as part of the Wellness for Life program for Annuity clients.

Effective April 6, new Annuity clients will receive a Welcome Letter that no longer includes a login and directions on how to use the personalized website with its accompanying Health Assessment and publications discounts. On April 15, existing Annuity clients will no longer have access to the website.

We will continue to provide access to these popular benefits that are part of the Wellness for Life program for Annuitants:

- **Ask Mayo Clinic Nurse Line** – Whenever your clients have a health-related question, be it about themselves or their families, the answer is just a toll-free call away. This round-the-clock nurse line is staffed by experienced registered nurses who draw on the resources of Mayo Clinic to answer your questions. Our current Wellness participants have let us know what a valuable resource this has been for them and we're pleased to work with Mayo Clinic Health Solutions to provide it.
- **Quarterly Mayo Clinic Newsletter** – Every three months, you and your clients will receive the Mayo Clinic *EmbodyHealth* newsletter. It's packed full of great information on healthy living, including recipes, exercise tips and medical articles. Each newsletter comes personalized with your contact information, reminding your clients where they can contact you if they have questions.

Available benefits will not change for clients who have added the Wellness Rider as part of their life insurance package.

If you have any questions about the Wellness for Life program benefits, please contact Dana Dennis, Manager, Wellness for Life products, at 1-800-800-9882, extension 4858. We are pleased to serve your insurance and annuity needs and look forward to helping you and your clients enjoy the benefits of living a healthy lifestyle.